

13th September – A royal commission#1 – An invitation like no other
Matthew 11:25-30

1. How would you describe your ideal rest? When do you feel most 'rested'?
2. And what are the things that are weighing on you most at the moment? Where do you feel most 'heavy-laden'? **If appropriate, take a moment to pray for each other at this point.**

Read Matthew 11:25-30

3. Jesus prays at the end of what seems like an unsuccessful time of ministry. Why is the tone of his prayer surprising?
4. *Who* does Jesus say that the Father has things from, and to *whom* has he revealed them?
5. What has been handed over to Jesus, and what is the only way to truly know the Father and the Son?
6. While there is a deep mystery in God's sovereignty, how do vs 25-27 underline what we need to truly know God?
7. Why do we struggle with the idea that we can't just work out who God is on our own?
8. Where are you tempted to rely on your own resources (intelligence, common sense, friendship) rather than coming to God like a child?
9. What is the only thing that we need to bring to Jesus?
10. What three invitations does Jesus give in vs 28-29?
11. What does he promise will be the result?
12. It seems like a paradox, but how can taking a 'yoke' result in 'rest for our souls'?
13. How does Jesus describe his own character in vs 29? Why will that make a difference to the 'yoke' he offers?
14. What, or who's, yoke are you carrying at the moment? If you feeling weighed down, burdened or burnt out at the moment, what might you need to receive from Jesus to find rest?